**Navigating ADHD, Inc. Resources**

**Sample Email**

Good Morning Mrs. Smith,

I wanted to check in and see how you think Sam is doing on his goals. In particular I am curious if he has been handing in all of his homework and how he is doing raising his hand rather than calling out the answers.

We have been reviewing strategies at home and he thinks he is doing better on each goal. Please let me know your thoughts. I appreciate your time and support as I can already see working on these goals together is helping Sam. Have a great weekend!

Thank you,

Parent

Contact Number

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