



Navigating ADHD, Inc.

MISSION

Navigating ADHD, Inc. is committed to educating people on the incredible strengths children diagnosed with ADHD possess and the strategies they need for unveiling them.

ABOUT NAVIGATING ADHD

Tracey Bromley Goodwin is an ADHD Coach and Educational Consultant who helps clients develop self awareness while building organizational and educational strategies for reaching their fullest potential in school and in life. Tracey received her graduate education and training through Lesley University and Coach U University. Holly Oberacker is an Art Therapist and Licensed Mental Health counselor that utilizes a dynamic multi-sensory approach for managing the social, emotional and behavioral challenges of individuals with ADHD.

Holly earned her Masters in Art Therapy from the University of Illinois-Chicago. Together, Tracey and Holly merged their strength-based philosophies and passions to form Navigating ADHD, Inc. and a system for building Circles of Support®. Navigating ADHD, Inc. was founded on the premise of being a hands-on, total support system to guide families and professionals from the challenges ADHD presents to the positive qualities it encompasses. Navigating ADHD's Support Center is based on Cape Cod.

AFFILIATIONS/ACCOMPLISHMENTS

Navigating ADHD, Inc. is a member of CHADD, ADDA, and the ACO. Navigating ADHD has been featured on various radio and television programs nationwide. Navigating ADHD was recognized for Innovative Programming at the 2013 International CHADD Conference. Tracey and Holly's first book *Navigating ADHD: Your Guide to the Flip Side of ADHD* is the recipient of the Mom's Choice Award and their second book *More Ways to Succeed with ADHD* is an Amazon #1 Best Seller.

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Teaching with the ADHD Brain in Mind:

Best Teaching Practices for Working with Students Diagnosed with ADHD

"On average there are 1-3 students who have ADHD in every classroom of 30 students."

-Russell Barkley

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Look for details about workshops and events on our website!

www.navigatingadhd.com

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Teaching with the ADHD Brain in Mind: Best Teaching Practices for Working with Students Diagnosed with ADHD

- Understanding an ADHD Diagnosis
- How ADHD manifests itself in the classroom environment
- Effective Classroom Strategies for working with students diagnosed with ADHD

WITH ADHD TRAINING TEACHERS WILL LEARN:

- What ADHD Is and Isn't
- To understand from a child's and parent's perspective
- What it feels like to be a student with ADHD in a classroom
- Easy to implement strategies (not included in traditional teacher education programs)

UNDERSTAND ADHD, IMPLEMENT STRATEGIES, AND TEACHERS WILL NOTICE:

- How the ADHD brain works
- Less distracting behaviors
- More cooperative behaviors
- A boost in self esteem
- Increased motivation
- Increased classroom participation
- An increase in completion of homework
- An increase in self-advocacy
- An increase in responsibility
- Less interruptions
- Ability to give equal attention to all students

"Holly and Tracey are seasoned professionals who clearly know what it means to be challenged with ADHD. Their information is supported by current research and their own experience working with children and adults. We have had Holly and Tracey present to both parents and our teaching staff. Both were very well received and informative. The best part is that their common sense strategies can work to make anyone more successful." School Principal


"I can't believe all of the great strategies you have given us!" Elementary School Teacher

"I sit down in so many meetings and hear from outside professionals on a regular basis. Your comprehensive data and presentation was the best I have seen in 6 years. Thank you so very much for all you do for our precious, valued children." School Guidance Counselor

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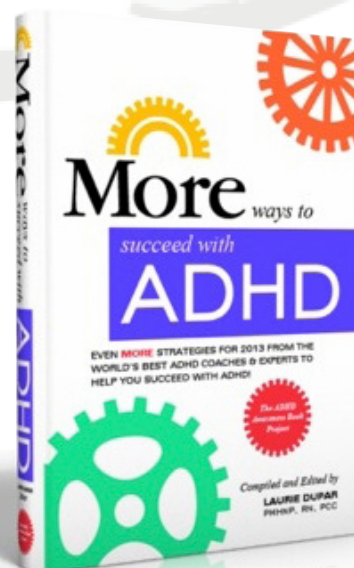
Text **NAVIGATING** to 22828 to get started.



Message and data rates may apply.

our new book has arrived!

#1 Amazon Best Seller!



Winner of THE MOM'S CHOICE AWARD®

"Bromley Goodwin and Oberacker may sound like a law firm, but instead they are two women who really get it. I can't recommend this book more highly... because it achieves the unusual feat of being both loving and factual; appreciative and practical; heartfelt and head-fed. I haven't come across a book this practical but also warm and user-friendly on the topic of ADHD in a long while." Edward Hallowell, M.D.

